

Measuring for and fitting upstand

Options

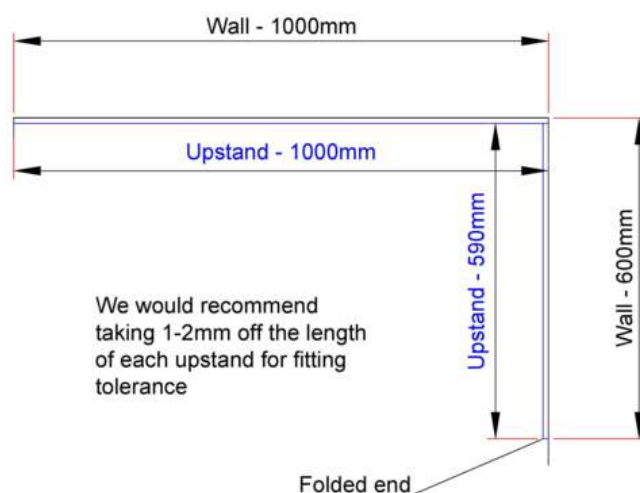
Upstands are the pieces which run around the edge of a worktop to protect the wall from general residue and mess. There are two main options available for our upstands, the thickness of the upstands and the choice of either or both ends to be folded. These are purely aesthetic choices and will not affect the functionality of your upstand in any way, however you will need to ensure that any visible ends have a fold so that the mdf backing is not seen. Additionally, we would recommend a folded end if the upstand is butting up against a splashback, as this makes the join appear symmetrical. You can also finish the corner, inline and end trims if you need a little leeway with your measurements. This also removes the need for any folded ends as all the corners and joins will be covered by trim.

Measuring

For backed upstands, you need to make considerations in length where two meet in a corner. There are two types of corner – internal and external. For examples of both, see below. Both examples below assume a 10mm thick upstand.

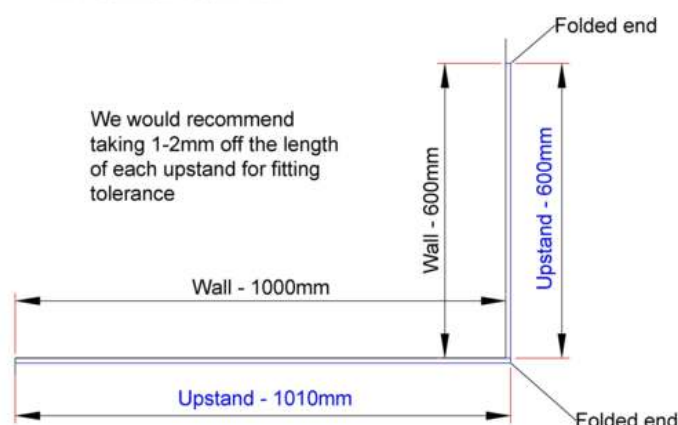
For an internal corner, one length should be ordered the required length LESS the thickness of the upstands (See diagram opposite.)

UP10 - 10mm upstand Internal corner



UP10 - 10mm upstand External corner

For an external corner, one length should be ordered at the required length PLUS the thickness of the upstand. (See diagram opposite) Also, note that without corner trims, the 1010mm length shown should be ordered with the right end folded.



Measuring continued.

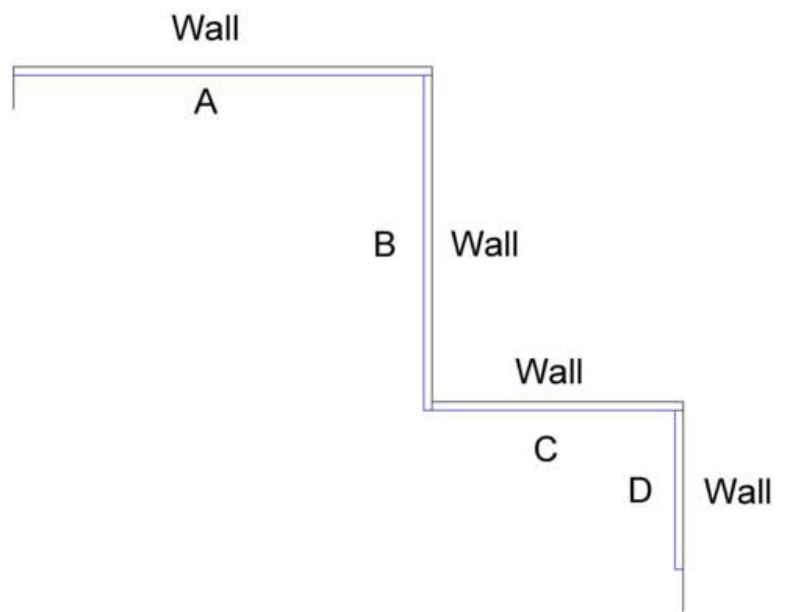
These rules can be combined, as shown below. When working as shown, always work from left to right to avoid confusion.

A – This should be ordered the same length as the wall it runs along.

B – This should be ordered the length of the wall it runs along less one thickness for the internal corner and plus one thickness for the external corner. It should also have the folded right end if not using corner trims.

C – This should be ordered the same length as the wall it runs along.

D – This should be ordered at the length of the wall it runs along less one thickness of the internal corner.



If you wish to use corner trims, this will give you a little extra tolerance in the lengths you need to measure. When using the trims, you can deduct an extra 2mm for each trim from a length. This means you can set the upstands with a little space between them and cover these gaps with the trim. So, in the example above you should deduct an additional 2mm from lengths **A** and **D**, and 4mm from **B** and **C**.

Fitting

To fit, simply adhere to the wall either using a silicon adhesive or a grip-type adhesive like No-Nails, available from most DIY stores. Run several generous lines along the reverse of the upstand and apply to the wall. If the upstands do require any sealing around the edges, we would recommend using our high quality CT1 sealant. This needs to be applied sparingly to the join and any excess cleaned off the surface of the upstands immediately using white spirits and a soft cloth.